

Ashland Hiking Group

Friday Hike Schedule for September 2011

Last Update 9/19/11

Leave from Safeway parking lot in Ashland promptly at 9:00 am. Bring water, lunch, hat, sunscreen and rain gear. TH = trailhead; EDT = estimated drive time; RT = round trip; PCT = Pacific Crest Trail; DIM = Dead Indian Memorial Highway. *100 Hikes = 100 Hikes in Southern Oregon, 1st edition*

Coordinator: Alex Maksymowicz: 541-482-1964

Website: <http://jeffnet.org/~danstub/Hiking/index.html>

September 2: High Lakes Trail from Aspen Point to Summit Sno Park on Hwy 140

TH: Drive DIM 22 mi to FS 37; turn left 8 mi to Hwy 140; turn right 5 mi to Summit Sno-Park and leave shuttle car; drive Hwy 140 to Aspen Point turn off; EDT: 90 min

Description: walk thru woods along Lake of the Woods to PCT; turn right (north) onto PCT; cross Hwy 140; continue on PCT to Summit Sno Park. Post-hike refreshments at Lake of the Woods Resort.

Distance: 7 miles; elevation gain: 500 ft; RT mileage: 80 mi

Sep 9: Red Lake (Sky Lakes Wilderness) RT (p. 108 in *100 Hikes*)

TH: Take DIM to its end point at Hwy 140; turn right (east); after approx 3 mi go left on FS 3651 for 8.5 mi; turn left onto FS 3659 for 1.3 mi to parking area at TH; EDT: 90 min

Description: Hike through Sky Lakes Wilderness Area to Red Lake; return same way. This is a bumper year for huckleberries, and there may still be some ripe ones growing along the trail.

Distance: 7.5 mi RT; elev gain: 800 ft. RT mileage: 115 mi

Sep 16: Squaw Meadow (Mt Shasta) (p. 218 in *100 Hikes*)

TH: Take I-5 72 mi to Central Mt Shasta (exit 738); drive thru town 1 mi, then go left on Everitt Memorial Hwy 12.7 mi to Panther Meadows parking lot; EDT: 105 min

Description: The Squaw Meadow loop starts out in an alpine meadow, climbs through some woods, and comes out on the rocky alpine slopes below Mt Shasta; this sequence of terrain is reversed on the return portion of the loop.

(Optional extension to the top of Gray Butte would add another 2 mi and some 500 ft of elevation gain. On a clear day, you can see Mt Lassen from the top of Gray Butte.)

Distance: 4 mi; elev gain: about 1000 ft. RT mileage: 180 mi

Sep 23: Sky Lakes via Cold Springs (p. 116 in *100 Hikes*)

Leaving Safeway at 8:30 AM

TH: take DIM 22 miles to FS 37; turn left for 8 miles to Hwy 140; turn right to milepost 41; turn left onto FS 3651 and follow it 10.1 miles to Cold Springs TH. EDT: 90 min

Description: woodland loop through multiple lakes in the Sky Lakes wilderness area; ripe huckleberries are a possibility

Distance: 7 miles; elev gain: 400 ft. RT mileage: 110 mi

Sep 30: Fish Lake Trail (p. 120 in *100 Hikes*)

TH: Follow DIM 22 mi to FS 37; go left 7 mi to North Fork campground and leave shuttle car; continue to Hwy 140 and go right 5 mi to Summit Sno Park. EDT: 60 min
Description: Pick up PCT heading south; cross Hwy 140 and continue to junction with High Lakes Trail; turn right onto High Lakes Trail and continue 6 mi past Fish Lake Resort to North Fork campground.
Distance: 7 mi; elev gain: 500 ft. RT mileage: 85 mi