

## Ashland Hiking Group

Last Revision 1/24/11

### **Friday Hike Schedule for January 2011**

Leave from Safeway parking lot in Ashland at 9:00 am. Bring water, lunch, hat, sunscreen and rain gear. TH = trailhead; EDT = estimated drive time; PCT = Pacific Crest Trail; DIM = Dead Indian Memorial Highway. *100 Hikes = 100 Hikes in Southern Oregon*, 1<sup>st</sup> edition

Coordinator: Alex Maksymowicz: 541-482-1964

Website: <http://jeffnet.org/~danstub/Hiking/index.html>

#### January 7: **Snowshoe trip**: Mt Ashland Ski Area to Grouse Gap RT

TH: Closed gate on FS Rd 20, just beyond Mt Ashland Ski Area parking; **Sno Pass required for drivers**. EDT: 30 min

Description: follow level road (FS 20) to Grouse Gap; turn left to shelter for lunch; return same way. Cross country detour uphill to Rabbit Ears and back down ½ mile on the Mt Ashland summit road is an option on the return leg for those who need more exercise.

Distance: 5 mi; elev. gain: around 500 ft. RT mileage: 35 mi

#### January 14: Lost Creek Lake (west shore) (p. 78 in *100 Hikes*)

TH: Take Hwy 62 to Lost Creek Lake; just before the dam, turn left onto Takelma Rd at “Fish Hatchery” sign; drive to end of road and continue on gravel road to TH at the boat ramp, some 2-3 miles from Hwy 62; EDT: 75 min

Description: follow Lost Creek Lake trail to our usual lunch bench; return the same way

Distance: 7 mi; elev gain: 1000 ft. RT mileage: 100 mi

#### January 21: Toothpick, Catwalk, and more (above Ashland)

TH: Take Tolman Creek Road 3.1 miles to Toothpick TH; EDT: 20 min

Description: Start out on the Toothpick trail, then climb up the Catwalk trail; take Ashland Loop Rd (ALR) downhill to Lamb’s Mine TH; continue downhill on the ALR to Caterpillar trail; turn left and follow Caterpillar trail back to Lamb’s Mine TH for lunch—with an optional detour to Lamb’s Mine before lunch; take the Toothpick trail back to our vehicles

Distance: 7 mi; elev. gain: 1200 ft. RT mileage: 20 mi

#### January 28: Upper Table Rock

TH: Follow Table Rock Road (off Biddle Rd in Central Point) for 5.2 mi; turn right on Modoc Road for 1.5 mi to trailhead parking area and toilets; EDT: 45 min.

Description: Follow the trail to the top of the mesa, then walk along Meadowlark Lane to the vicinity of the weather station for lunch; return the same way.

Distance: 5 mi; elevation gain: 750 ft. RT mileage: 50 miles

The ground on top of Upper Table Rock is very rocky, so you may wish to have a pole for balance in order to avoid twisting an ankle.

On the way back, I suggest stopping at the Avalon in Talent for refreshments.