

## The Hiking Group

### Hike Schedule for April 2005

Meet in Safeway parking lot in Ashland at 9:00 am; car pools will leave for trailhead at 9:05 am; bring water, lunch, and rain gear. TH = trailhead; EDT = estimated drive time  
**Coordinator: Alex Maksymowicz 482-1964; alexmaks@jeffnet.org**

#### April 6, 2005: Lost Creek Lake (North Shore)

TH: Drive 35.5 mi on Hwy 62; turn left on Lewis Rd 1 mi to TH; EDT: 60 min  
Description: "generally level", pretty trail through the woods along the east shore of Lost Creek Lake past the spur to the Blue Grotto and on to our usual lunch spot at the bench below a rock outcrop; return the same way  
Distance: about 7 mi RT; elev. gain: about 500 ft

#### April 13, 2005: Lower Table Rock

TH: Follow Table Rock Road (off Biddle Rd in Central Point, near I-5, Exit 33) for 10 mi; turn left on Wheeler Rd 0.8 mi to parking area; EDT: 45 min  
Description: Climb 1.6 mi through woods to plateau (some steep and/or rough stretches); turn left onto a side trail, then meander through the meadows to the end of the old airstrip some 1.5 miles; return along the old airstrip trail; expect spectacular flower displays. Bring your own vehicle if you don't want to wait for the flower sniffers.  
Distance: about 6 mi RT; elev. gain: 800 ft; trail quite rough and steep on last ¼ mile

#### April 20, 2005: Rogue River Trail, east from Peyton Bridge

TH: From Medford drive 35.5 mi on Hwy 62; turn left on Lewis Rd to Peyton Bridge TH parking area (east end of Lost Creek Lake); EDT: 60 min  
Description: Follow trail along north shore of Rogue River some 3.5 mi; return same way; substantial ups and downs.  
Distance: about 7 mi RT; total elev. gain: about 1000 ft (my estimate)

#### April 27, 2005: Mule Mountain Trail (Applegate Valley)

TH: On left hand side of Upper Applegate Road, just past 12 mile marker (5.5 miles beyond the Star Ranger Station); park off pavement wherever you can; EDT: 60 min  
Description: Lovely trail that winds its way up the hillsides above Applegate Valley--should give us a great spring flower display; however, it does go uphill unremittingly, you could always turn back part way; steepest stretch is near the beginning  
Distance: 8 mi RT; elev gain: 2500 ft (these are actuals, not estimates)